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r/Naturalhair



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r/Naturalhair • 5 mo. ago
luckybellegal



Does gel damage 4c hair?

I am trying to do a slick back and it requires tons of gel I was wondering if gel dries down hair? anyone knows

↑ 1 ↓ · 4



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lotusmack • 5mo ago

Not necessarily, but I personally prefer a custard/mousse combo for this, and I never have dryness issues.

↑ 2 ↓



Excellent-Letter-780 • 5mo ago

Gel itself doesn't damage 4C hair, but frequent use without proper care can lead to dryness, buildup, and breakage. Many gels contain alcohols and harsh ingredients that can dry out your strands, so it's important to layer a leave-in conditioner or oil underneath to protect your hair.

If you're using a lot of gel for a slick-back style, make sure to wash it out properly and follow up with a deep conditioning treatment to restore moisture. Also, try to avoid excessive brushing and tension to prevent breakage. As long as you moisturize, cleanse, and limit gel-heavy styles, your 4C hair should stay healthy!

⊖ ↑ 3 ↓



luckybellegal OP • 5mo ago

Thank you , I will make sure I deep condition before adding gel to my hair.

↑ 1 ↓



Suitable_Ad2570 • 5mo ago

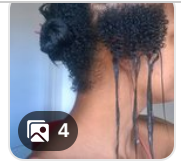
Not all gels are created equal. Some gels have moisturizing elements and some are very alcohol heavy which can have a drying effect, however if you're moisturizing your hair with a leave-in you should be fine. I'd wash out all the product after a week or so and start fresh to prevent build up which can eventually have negative effects on your hair and scalp.

↑ 3 ↓

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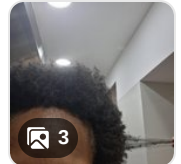
NEED HELP!! Damaged 4c hair...

2.9K upvotes · 660 comments

 r/Naturalhair • 6 mo. ago

Help with 4c hair. Always dry... not matter what I do. Won't form an afro

7 upvotes · 28 comments

 r/Naturalhair • 6 mo. ago

Why i cant define my 4c hair?

15 upvotes · 28 comments

 r/BlackHair • 8 mo. ago

4c hair damage?

20 upvotes · 9 comments

 r/Naturalhair • 3 mo. ago

My 4C hair is Easy

283 upvotes · 91 comments

 r/Naturalhair • 14 days ago

I have no idea how to take care of my 4c hair

10 upvotes · 44 comments

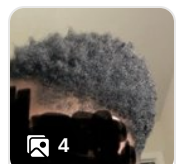
 r/Naturalhair • 4 mo. ago

Great for 4c hair!

23 upvotes · 8 comments

 r/Naturalhair • 2 mo. ago

4c hair needs internal help.



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 r/Naturalhair • 2 mo. ago

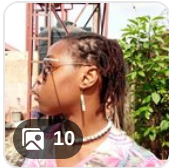
4C Hair Growth but hold up, I did my research

5 upvotes · 15 comments

 r/Naturalhair • 5 mo. ago

I do 4c this working for my hair

878 upvotes · 51 comments



 r/Naturalhair • 9 days ago

Growing out short 4c hair

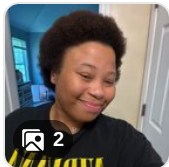
272 upvotes · 19 comments



 r/Naturalhair • 1 mo. ago

idk what to do with my hair

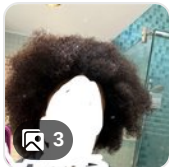
262 upvotes · 59 comments



 r/Naturalhair • 3 mo. ago

My hair wont define no matter what

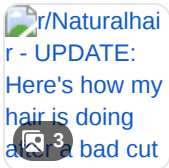
334 upvotes · 100 comments



 r/Naturalhair • 2 mo. ago

UPDATE: Here's how my hair is doing after a bad cut last year

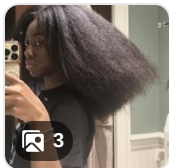
165 upvotes · 9 comments



 r/Naturalhair • 25 days ago

I need a hair care routine!! Please help!

322 upvotes · 43 comments



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239 upvotes · 55 comments

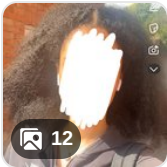
 r/Naturalhair · 6 mo. ago

i'm so amazed with my hair

36 upvotes · 6 comments

 r/Naturalhair · 1 mo. ago

Can anyone help me with my hair??



28 upvotes · 11 comments

 r/Naturalhair · 26 days ago

we should have more patience when it comes to hair

82 upvotes · 10 comments

 r/Haircare · 6 mo. ago

Can I scrunch this into my wavy hair?



2 upvotes · 3 comments

 r/Naturalhair · 25 days ago

General Hair Help



48 upvotes · 7 comments

 r/bathandbodyworks · 5 mo. ago

Did Bath & Body Works reformulate their body mist?



17 upvotes · 14 comments

 r/Haircare · 5 mo. ago

Institut Yves Aurèle Protein Therapy , thoughts?



2 upvotes · 1 comment

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5 upvotes · 17 comments

 r/houseplants • 7 mo. ago

Castile soap okay beneficial nematodes?

2 upvotes

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Best Gel for 4C Hair

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