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animal-lover-xo



What are the best monthly contact lenses you've tried especially for dry eyes?

I'm looking for recommendations for monthly contacts. I have been using Dailies Total 1 for over a decade and they have been mostly comfortable and my eyes would sometimes get kind of dry but only at night. I asked for a trial pair of monthly contacts and my doctor gave me Total 30. They were good for the first few days but then became very uncomfortable especially in the evening. My eyes would get super dry and hurt and the contact even fell out at one point. When removing them, my eyes often felt irritated and they hurt a bit even the next morning. I feel like no amount of cleaning them makes them comfortable and also I noticed blurry vision even from up close during the day.

Does anyone have any recommendations for good monthly contacts that didn't dry out your eyes?



1



2



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Total 30 are usually good monthly lenses for dry eye patients. That being said, no monthly lenses will be as comfortable as dailies, especially for dry eyes.

Have you tried Acuvue Vita? These, along with Total 30, are my favorite monthly lenses for comfort. I usually fit my patients in one or the other when it comes to single vision monthly lenses.



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URGENT ! can somebody please tell me if they are expired ?

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