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r/LoganSquare • 3 mo. ago

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## Queer/trans friendly gyms and fitness studios near the Logan Square or Belmont blue-line stops?



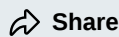
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Check out Above The Bar



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**emms789** • 3mo ago

Above the Bar right off the western blue line is trans-owned and LGBTQ friendly. I haven't been because the cost is out of my budget but I've only heard great things about them



19



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[+ 1 more reply](#)**WearTheFourFeathers** • 3mo ago

I want to second Above the Bar for this prompt specifically, immediately jumped to mind and think they'd be a great fit if the price works. Also, the vibe is dramatically different, but Rockwell Barbell on Diversey/Clybourn-ish is a wonderful powerlifting gym with incredibly good and supportive vibes if that is something you are interested in.



11



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**forthstudio** • 3mo ago

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yoga, mat pilates, as well as more meditative/restorative modalities like breathwork and a restorative yoga class. What's beautiful about Chicago is there's lots of different communities out there, so definitely shop around and see what feels good for you. I have a feeling we may be what you're looking for though ;) Feel free to DM us on instagram if you're looking for any specific teacher/class recommendations! I teach this wednesday night, would love to meet you :) -Eleanor

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**SnooDonuts113** • 3mo ago

I'm queer and go to Logan Square Gym and feel at home! I see plenty of other queer people when I'm there despite it not being explicitly queer-centric

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**Additional-Fly8103** • 3mo ago

Forth Movement Studio is on the border of Logan and Avondale. Good vibes kind of pricey but something to check out

↑ 9 ↓    Reply    Share    ...

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**n0obBebot26** • 3mo ago

Logan Square gym is right by the Spaulding side of the Logan Square blue line stop. You can do a day pass to check it out before joining if you want to

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**Admirable-Dress7359** • 3mo ago

I'm surprised no one has mentioned Paramount (on the corner of Fullerton and Kedzie). The photos on Google Maps are outdated so it doesn't look like much, but it's a great gym with all kinds of equipment. Extremely queer/trans friendly!

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**Crosetaylor** • 3mo ago

Chicago Strength seems a little intimidating but I'm new to the city and every time I've gone people have been incredibly kind and welcoming

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yramt • 3mo ago • Edited 3mo ago

Logan Square Pilates, McCormick Y

Edit: Pom Squad does some Sunday classes in Avondale. I think their next one might be Big Gay June

<https://www.eventbrite.com/o/pomsquad-fitness-1354824849?aff=eand>

2 more replies



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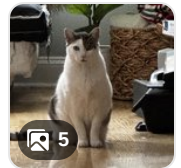
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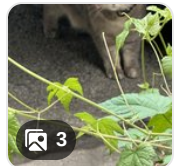
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