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r/askpsychology



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r/askpsychology • 2 yr. ago

allyannboo



what are some good psychology podcasts?

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does anybody know of any good psychology podcasts that are fact/science based and not just somebodys opinion on psychology topics? (hopefully that makes sense)



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88

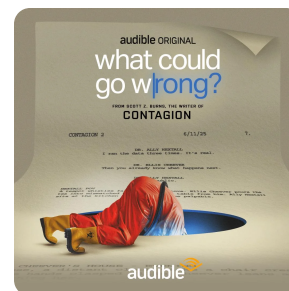
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Luzarus • 2y ago

The APA has Speaking of Psychology and then there is the Stanford Psychology Podcast

29 ...

allyannboo **OP** • 2y ago

im gonna check them out rn!! thank u

2 ...



SometimesZero • 2y ago

These are great.

1 ...



[deleted] • 2y ago

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21 ...

**judoxing** • 2y agoHaha, [r/VeryBadWizards](#)

Nice to see another fan out in the wild

4 ...

**sneakpeekbot** • 2y agoHere's a sneak peek of [r/VeryBadWizards](#) using the [top posts](#) of the year!#1: [Happy 10th Anniversary!](#) | [21 comments](#)#2: [Subtitles getting cancelled; a rebuttal](#) | [34 comments](#)#3: [Another decent trolley problem](#) | [1 comment](#)I'm a bot, beep boop | Downvote to remove | [Contact](#) | [Info](#) | [Opt-out](#) | [GitHub](#)

2 ...

**[deleted]** • 2y ago

Discovered them from Sam Harris' podcast and then listened to their entire back catalog.

1 ...

**allyannboo** **OP** • 2y ago

ouuu that sounds cool!! thank u

2 ...

**[deleted]** • 2y ago

Damn they already used my podcast idea 😭

2 ...

**ame182** • 2y ago

Psychology in Seattle!

16 ...

**allyannboo** **OP** • 2y ago

thank u!!

4 ...

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#heineken00 #00reasonsneeded #F1TheMovie

[Learn More](#)heineken.com**PlayfulShock4731** • 2y ago

Psychology in seattle 10/10

**allyannboo** OP • 2y ago

thank u!!

**Dualsi1** • 2y ago

i know it isn't a podcast but Dr. K. on youtube is pretty good. their main focus is gamers and stuff but they also have some videos about most psychiatry/psychology related topics. hope it helps :)

**allyannboo** OP • 2y ago

omg i love their channel!! 🥹💕

**AnonymousPineapple5** • 2y ago

Don't forget the very inappropriate jokes

**Violet_Sunflowers** • 2y ago

Philosophy bites is pretty good.



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[Learn More](#)[coca-cola.com](https://www.coca-cola.com)⊕ **[deleted]** • 2y ago⊕ **[deleted]** • 2y ago**SometimesZero** • 2y ago

If you want facts, read papers or watch lectures. I find podcasts to be inherently more opinion based. Maybe Under the Cortex gets close to what you're looking for, though. They often have authors of scientific papers discuss their publications.

Very Bad Wizards and Two Psychologists Four Beers are the ones I find most entertaining. Freakonomics Radio, although it's more economics, is well done and often psychology-related.

**allyannboo OP** • 2y ago

that does make sense!! thank u sm

**Mr_Gaslight** • 2y ago

Where Shall We Begin?

Therapy Chat

**allyannboo OP** • 2y ago

thank u!!

[Skip to main content](#)[Log In](#)**AdventurousSale4834** • 1y ago

Lol. Huberman is not a reliable source of information. Please don't promote his tendency to overextrapolate research results, whilst promoting garbage science on diet and lifestyle as a source to inform your mental health decisions. Bad idea.

**allyannboo** **OP** • 2y ago

thank u!!



[deleted] • 2y ago

**JMYDoc** • 2y ago

Hidden Brain from NPR.

**ImpulseGnome** • 2y ago

Psychosocial Distancing

**allyannboo** **OP** • 2y ago

thank u!!

**user684** • 2y ago

Making Sense by Sam Harris. Phenomenal

**allyannboo** **OP** • 2y ago

thank u!!

**Endokinet** • 2y ago

[Skip to main content](#)[Log In](#)**allyannboo** OP • 2y ago

thats exactly what im interested in!! thank u sm!!

**veryfatcat3** • 2y ago

Hidden brain NPR

**allyannboo** OP • 2y ago

thank u!!

**SmallMovesSparks** • 2y ago

Beat Your Genes is the best!

**allyannboo** OP • 2y ago

thank u sm!!

**Xsquart_r** • 2y ago

On Spotify, there are two that i have been listening to and one is the psychology podcast and the other one is speaking of psychology. Both are really nice and informative while also don't sound particularly "formally educational" and are just in the form of chill hourly conversations between experts and passionates of the field... 📱

**allyannboo** OP • 2y ago

thank u sm!!

**Xsquart_r** • 2y ago

Oh yea i think you'll love them

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I would recommend all to check: [Psychology Podcast](#)



Far-Chain2014 • 8mo ago

I really love The Psychology Podcast.



PARTYPOISON • 2y ago

Thanks for posting OP, I was just coming over to ask the same question myself! 😊



allyannboo [OP](#) • 2y ago

np!! 💖



Big-Marionberry-6593 • 2y ago

Psychology Unplugged

The best psychology podcast. Great topics, not too long but very informative. I highly highly highly recommend!



Friendly-Most8889 • 2y ago



[r/psychologystudents](#) • 2 mo. ago

What are some good podcasts that are similar to psychology lectures?

25 upvotes · 10 comments



[r/CriticalTheory](#) • 6 mo. ago

Recommendations for podcasts with a theory focus?

49 upvotes · 36 comments



[r/AutisticWithADHD](#) • 3 mo. ago

Favourite neurodivergent podcasts?

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Podcasts to improve mental health

35 upvotes · 42 comments



r/Accounting • 2 yr. ago

Any good podcast recommendations?

19 upvotes · 21 comments



r/rs_x • 9 mo. ago

Actual interesting podcasts

26 upvotes · 39 comments



r/UAP • 2 yr. ago

Best UAP / UFO / Disclosure / Phenomena Podcast Recommendations

32 upvotes · 46 comments



r/rs_x • 6 mo. ago

Any podcast recs ?

144 upvotes · 94 comments



r/Teachers • 8 mo. ago

If you haven't listened to this podcast, I highly encourage you to

271 upvotes · 109 comments



r/AskMenOver30 • 6 days ago

What podcasts do you enjoy listening to?

54 upvotes · 174 comments



r/podcasts • 6 mo. ago

Any podcasts to help cope with or distract from anger, fear, and depression?

142 upvotes · 127 comments



r/rs_x • 6 mo. ago

What podcasts are y'all listening to right now?

14 upvotes · 29 comments



r/podcasts • 6 mo. ago

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r/AuDHDWomen • 8 mo. ago

What podcasts do you listen to?

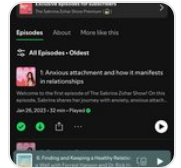
37 upvotes · 85 comments



r/Codependency • 10 mo. ago

Sharing an incredibly eye opening resource- podcast

35 upvotes · 8 comments



r/math • 2 yr. ago

Any good math podcast episode (specific episodes)/ interview recommendations?

27 upvotes · 12 comments



r/physicaltherapy • 2 yr. ago

Any good DPT podcasts?

10 upvotes · 9 comments



r/FIREyFemmes • 6 mo. ago

Podcast recommendations?

20 upvotes · 24 comments



r/AutismInWomen • 4 mo. ago

What are the books/podcasts/media that have helped you?

36 upvotes · 38 comments



r/Residency • 2 yr. ago

Podcast recs?

17 upvotes · 18 comments



r/psychoanalysis • 5 mo. ago

Psychoanalysis podcasts?

80 upvotes · 50 comments



r/podcasts • 1 yr. ago

What are some of the best mental health podcasts?

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Best Voter Psychology Pod

2 upvotes · 4 comments



r/Catholicism • 2 yr. ago

The Thomistic Institute Podcast - any others alike?

1 upvote · 3 comments



r/AskSocialScience • 1 mo. ago

Hello, are there any academic works (I want to avoid pop-sociology) that are beginner friendly enough to be easily followed as an audiobook?

24 upvotes · 14 comments

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Best Mindset Podcasts

Best Podcasts for Depression

Best Motivational Podcasts

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