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r/Cooking



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r/Cooking • 10 yr. ago

TurnToFrogger



Having trouble making nut butter in my food processor

I'm having trouble getting nuts to "butter" in my food processor. They just get minced into tiny pieces and nothing more. Adding extra oil makes it work, but I was under the impression that adding extra oil was not supposed to be necessary. I've tried a large variety of nuts to little success. Roasted peanuts worked pretty well, but raw almonds, soaked almonds, raw cashews, and roasted cashews didn't work at all until I added extra oil. Is my food processor the problem? Does anyone have suggestions?



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58

15



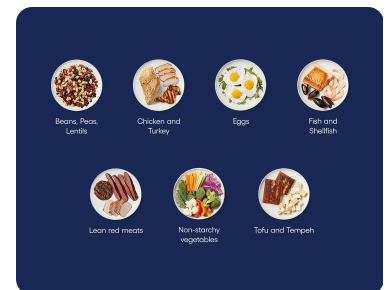
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PearBlossom • 10y ago

I am going to take a guess that you are not letting it run long enough. It can take 10-15 mins+. If you are not getting past the crumbly texture, the natural oils have not released yet. It will be noticeably different when the oils finally release. It may still be thick but you should be able to notice it. Something like soaked nuts may not ever get smooth in a food processor, you may need a vitamix for something like that.

14 ...

5 more replies



[deleted] • 10y ago

How big is your processor compared to the amount of nuts? If you're trying to make half a cup of nut butter in an 8 cup processor, you're probably going to be sitting there for a while. Likewise, you'll probably have problems with cramming it too full of nuts.

[Skip to main content](#)[Log In](#)**mlc2475** • 10y ago["Lana!"](#)

8 ...

**bubblesqueak** • 10y ago

How fresh are the nuts?

2 ...

1 more reply

**CainMarco** • 10y ago**CainMarco** • 10y ago**r/ZeroWaste** • 7 yr. ago

How to choose a food processor for making nut butter?

7 upvotes · 12 comments

**r/Cooking** • 4 yr. ago

Blender vs. food processor for nut butters

12 upvotes · 30 comments

**r/Cooking** • 2 yr. ago

Bought a small food processor to make nut butter, very underwhelming performance. Cannot find a device to make small batches of nut butters.

1 upvote · 27 comments

**r/Cooking** • 3 yr. ago

Does anyone know if there is such a thing as raw peanut butter, or nut butter in general?

3 upvotes · 41 comments

**r/nutrition** • 7 yr. ago

Does nut butter provide the same nutritional value as eating nuts?

PSA to still check ingredients list, even on alternative nut butters.



50 upvotes · 13 comments

 r/PlantBasedDiet • 6 mo. ago

Using nut butter to get protein quickly?

1 upvote · 48 comments

 r/nutrition • 10 mo. ago

Peanut butter nutrition Questions

9 upvotes · 44 comments

 r/WholeFoodsPlantBased • 1 yr. ago

Why is the oil in almond butter considered healthy when it's eaten with the rest of the almond butter, but non-heat processed oils are unhealthy even when eaten with other whole foods?

6 upvotes · 9 comments

 r/diabetes_t2 • 6 mo. ago

I found a new source for peanut butter without sugar!

36 upvotes · 37 comments

 r/Volumeeating • 1 yr. ago

Any nutribullet icecream recipes around 150 calories?

6 upvotes · 7 comments

 r/StopEatingSeedOils • 4 mo. ago

Can I get you guys opinion on Almond Butter? Trying to get a better alternative than peanut butter.



15 upvotes · 32 comments

 r/veganfitness • 2 mo. ago

am i the only one who hates protein powder?

15 upvotes · 56 comments

 r/Cooking • 4 mo. ago

Raw almond butter?

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Trying desperately to use up a protein powder I don't like



80 upvotes · 20 comments

 r/breastcancer • 9 mo. ago

Protein Powder

11 upvotes · 39 comments

 r/Biohackers • 1 yr. ago

What's your favorite protein powder and how do you consume it?

10 upvotes · 55 comments

 r/veganfitness • 9 days ago

Protein powder for weight gain

8 upvotes · 16 comments

 r/veganfitness • 4 days ago

Protein powder



32 upvotes · 21 comments

 r/workout • 11 days ago

What protein powder do you reccomend?

3 upvotes · 23 comments

 r/veganfitness • 10 mo. ago

Anyone make their own homemade protein powder? what should i use?

5 upvotes · 7 comments

 r/Cooking • 1 mo. ago

I have really sweet protein powder that doesn't taste good in a shake

27 upvotes · 44 comments

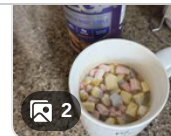
 r/veganfitness • 1 mo. ago

Protein powder suggestions



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There's a reason they tell you to mix protein powder with cold water and not coffee



49 upvotes · 6 comments



r/MadeInCanada • 5 mo. ago

Protein powder

6 upvotes · 23 comments

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