





## sreeazy\_human

### Blending full limes/lemons?

Question

Hi everyone,

I just finished watching Pressure Cooker (very entertaining show if you like some drama with your cooking) and one of the chefs makes a mole negro and she blends a full charred lemon. Like rinds and all.

Has any of you done this before and can illuminate me in what flavours this add? Is this something I've been missing in my cooking?

I want to try but I'm scared my blender is not powerful enough to deal with that.

Thanks in advance

Edit: switched chatted for charred

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I've used a full lime and a full orange before. I wouldn't recommend it tbh, the pith is very bitter and it's not a pleasant experience. Evidently there are some recipes where it works apparently, but I haven't found one.

Just zest it, and then peel it. Use the zest and the fruit, discard the bitter peel.

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Sreeazy human OP • 2y ago

Thank you for sharing your experience! Definitely gonna stick to zesting and juicing:)



If you're curious to try something somewhat similar, try yuzu-koshō - fermented yuzu peel and chilis. Extremely salty but great flavor. Or just use zest. But yeah, blindly using a whole fresh citrus fruit (especially a lime) sounds super bitter.

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Oh thank you for the suggestion, I'll look into where I can get some of that fermented yuzu peel to try!!



There are a few tricks involved. And it comes down to proportions. My roasted salsa verde includes a whole lime. I just gave it a try one time and loved it, and haven't looked back.

Give it a good scrub. Trim off the top and bottom until you get to flesh - that little knot on top and bottom are pure pith and bitter. I cut it in half and char it along with the rest of the ingredients. And for an entire half sheet pan of produce (tomatillos, peppers, onions, garlic), a max of 2 small limes. But I start with one, taste and adjust. Honestly, once it's cooked, my regular old Oster beehive blender hasn't had any problem with it.

Typically I do one whole charred lime and juice from another (fresh). If I'm doing a big batch, I'll do 2 (charred), but go slow. You can definitely taste it, it adds a citrus punch, plus bitterness, which I think is a lovely note as long as it's gentle. I have added too much whole lime in the past, and not only was the bitterness too much, but the citrus dominated the palate. Letting it sit a couple days helped, but adding a bit more pepper/onion helped, too.



Thank you for your answer! I am curious to try this

isdrama • 2y ago

Thanks for asking this, needed this info today



Has anyone quartered, blended limes with the peel on, and strained as a way to more quickly juice limes?

5 upvotes · 31 comments



r/bartenders • 7 mo. ago

Seeing as everyone is posting their limes...





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r/cocktails • 9 mo. ago

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r/bartenders • 4 mo. ago

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57 comments



r/cocktails • 9 mo. ago

Hi! How much are you paying for 1kg (2.2 lbs) of limes or 1kg of lemons in your city?

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r/Cooking • 1 yr. ago

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38 upvotes · 40 comments



r/cocktails • 6 mo. ago

how to keep fresh lemon longer?

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r/Tiki • 6 mo. ago

#### What's your favorite cocktail that uses lime?



96 upvotes · 60 comments



r/TooAfraidToAsk • 2 yr. ago

#### Is it safe to blend whole lemons, peel and all with water and ice to drink?

1 upvote · 6 comments



r/cocktails • 9 mo. ago

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r/Cooking • 2 yr. ago

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r/Cooking • 2 yr. ago

#### What to do with Makrut limes (not the leaves!)

2 upvotes · 8 comments



r/AskUK • 2 yr. ago

#### What Lemsip do you prefer, Honey and Lemon or Blackcurrant?

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r/cocktails • 18 days ago

# Homemade Limoncello



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#### Which method is better for Flavoring: Puree or Whole Fruit/Vegetable?

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r/cocktails • 10 mo. ago







r/AskCulinary • 2 yr. ago

Anyone have experience with savory ingredients/vegetables for sweet sugar syrups? Had a rosemary syrup that I'd like to simulate with other veg.

8 upvotes · 7 comments



r/Cooking • 2 yr. ago

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