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r/KoreanFood



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r/KoreanFood • 2 yr. ago
Jahlstrooom



Black spots on cabbage, is it safe to eat and what is it? 🤔



↑ 156 ↓ · 31



Pepsi_US • Promoted



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 **TungstenChef** • 2y ago

They're harmless, they affect the appearance but not flavor. See this short video from America's Test Kitchen:
<https://www.youtube.com/watch?v=UeCSOE2ERV8>

⬇️ 175 ⬆️

 **Jahlstrooom** [OP](#) • 2y ago

The cabbage has spots at the top on all leaves, that's what made me unsure. 🤔 is that the same?

⬆️ 41 ⬇️

3 more replies ▾

1 more reply ▾

 **Formal-Rain** • 2y ago

Always thought it was dirt. Oh well every days a classroom.

⬇️ 62 ⬆️

 **and_gloria_too** • 2y ago

I always thought it was mold myself.

⬆️ 13 ⬇️

1 more reply ▾

2 more replies ▾

 **Kimchi_Crushing911** • 2y ago

Thx for asking and answering. I've always wondered but ate it anyway.

⬇️ 49 ⬆️

 **shiningject** • 2y ago

Same! I always wondered what it is but never enough to ask about it.

⬆️ 7 ⬇️

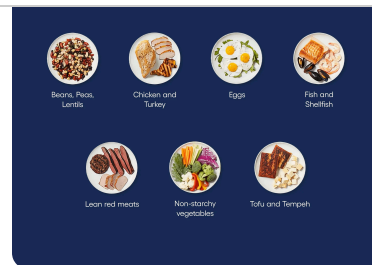
 **Status-Ebb8784** • 2y ago

Not to worry. They're called pepper spots and are harmless.

⬆️ 70 ⬇️

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namajapan • 2y ago

Someone had the same question over here just recently: <https://reddit.com/r/fermentation/s/WvEucaVOWP>

tl;dr

Normal

↑ 8 ↓



xXlolantheXx • 2y ago

I used one similar to this for kimchi too , I was like hmm weird but okay if I die I die , I didn't it was safe to eat it just the look

↑ 6 ↓



[deleted] • 2y ago

All sorts of black and brown spots are completely harmless as you'd find out if you try to grow your own food. It's just that only the cleanest looking ones get sold to supermarkets and the rest get trashed. Such a huge waste.

↑ 13 ↓

2 more replies ▾



r/isthissafetoeat • 3 mo. ago

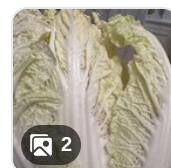
What's this on the cabbage?

248 upvotes · 35 comments



r/kimchi • 7 mo. ago

Brown spots on Napa cabbage. Is it safe to eat?



Black spots on napa cabbage

9 upvotes · 4 comments

PROMOTED

...



 r/gardening • 4 mo. ago

My first cabbage 🥬

3.8K upvotes · 107 comments



 r/gardening • 6 mo. ago

Anyone know what these green things are? Showed up overnight in my cabbage.

104 upvotes · 26 comments



 r/Horticulture • 4 yr. ago

Beijing cabbage - Is this black rot?

23 upvotes · 3 comments



 r/plants • 3 mo. ago

What should I do with this cabbage?

42 upvotes · 25 comments



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6 upvotes · 15 comments

PROMOTED

...



r/vegetablegardening • 8 days ago

What is destroying my cabbage?

33 upvotes · 41 comments



r/fermentation • 5 mo. ago

Has this cabbage gone bad?

6 comments



r/AbsoluteUnits • 1 mo. ago

of a cabbage. What to cook with that?

461 upvotes · 31 comments



r/KoreanFood • 1 yr. ago

What is this on my bok choy?

154 upvotes · 32 comments



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6 comments



r/gardening • 5 yr. ago

What are these black dots on my lettuce leaves?



2 upvotes · 3 comments



r/Cooking • 3 yr. ago

What is this gray stuff on my cauliflower and is it fit to eat? Not smelly, not fuzzy, not slimy

3 comments



r/vegetablegardening • 2 yr. ago

Is this ok to eat?

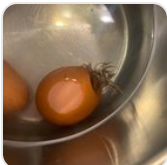


13 upvotes · 3 comments



r/Egg • 2 yr. ago

Just boiled an egg. What is this black feather? Is it safe to eat?

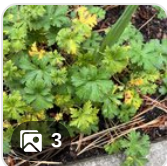


6 upvotes · 5 comments



r/gardening • 2 yr. ago

Brown spot wild geranium/Cranesbill

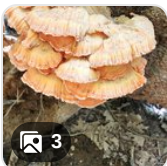


2 upvotes · 4 comments



r/foraging • 2 yr. ago

Is this chicken of the woods?



9 upvotes · 5 comments



r/Horticulture • 1 yr. ago

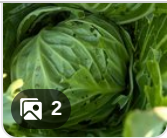
Is this alternaria leaf spot fungus? Broccoli oldest leaf pictured



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What's on my cabbages?



56 upvotes · 40 comments

 r/vegetablegardening • 4 yr. ago

I just wanted to share a picture of this variegated black/italian(?) kale plant that i got this summer. I'd never seen variegated kale/cabbage before!



17 upvotes · 9 comments

 r/gardening • 3 yr. ago

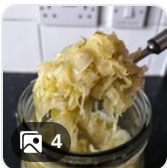
What is this on my cilantro? Had a bite and now I just want to know if I'll be getting sick. Looks like leaf spot but can't find anything on what happens if you eat it



4 upvotes · 4 comments

 r/fermentation • 1 yr. ago

Sweetheart/pointed cabbage kraut.



10 upvotes · 4 comments

 r/gardening • 2 yr. ago

Does this tomato look safe to eat?



1 upvote · 2 comments

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