

[Skip to main content](#)

r/OLED



Search in r/OLED

[Log In](#)

r/OLED • 4 mo. ago

FURIOSA51

Eye strain in oled C4

[This Post Again?](#)

Hi, anyone else has experienced this issue? I have the tv from this Tuesday and it has happened to me everyday, I tried to blink more watching the tv in case it helps but nothing, I can't watch more than 3 hours from the hurt in my eyes and then start a minor headache. It makes me wan to return to my old Samsung Q80r, my eyes did hurt but less and in more hours of viewing, with the oled tv I cant even see right from the bright lights that emits, I watched with subtitles and the subtitles also too bright, in gaming the image is more acceptable I don't know what the difference will be. I active the option to reduce blue light and it was more bearable but is still happening. Yet I do wish to keep the tv though, the quality and the color are stunning but is difficult to keep watching :(. I don't want to lower the oled pixel light in HDR neither because everyone says that HDR content has to be in 100. Is this normal? Any advice? I don't wear glasses and my view is fine, I think.

10

19



Share

officialsquarespace • Promoted

Squarespace tools make it easy to create a beautiful and unique website, allowing you to control every step of the design process. Sign up now.

[Sign Up](#)[squarespace.com](#)[+ Add a comment](#)

Sort by:



Search Comments



AutoModerator MOD • 4mo ago • Stickied comment

imnotyour_daddy • 4mo ago

Lower the brightness to whatever feels best on your eyes not what some random nitnerds on the Internet say to do. I sit 3' from a 48" c4 for 12 hours /day (mostly as a computer monitor) and it's helped my eyes if anything, but I only make the screen as bright as I need it.

[Skip to main content](#)[Log In](#)**Onexad** • 4mo ago

I'm sure to get some flack for saying this, but in HDR I have contrast at 75. It still pops, but doesnt sear my eyes. Also gets the added benefit of providing higher fullfield brightness for a more consistent image. I like Oled brightness at 50 and contrast at 85 on SDR. (LG C3 42")

ComfortableOutside65 • 4mo ago

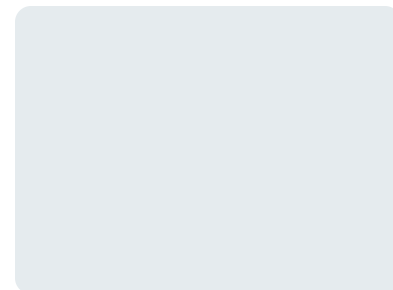
If you are normally watching at night or in the dark I'd recommend a bias lighting system with an OLED

**DJtheWolf667** • 4mo ago

Try Filmmaker Mode

ClickUp_App • Promoted

With a single source of truth for all ongoing projects across your entire org, you get a crystal-clear view of what's happening (or not), and who's responsible.

[Learn More](#)clickup.com**vrgamemachine** • 4mo ago

As others have stated. Lower the brightness, maybe enable eye-care mode.

**rishavcharles** • 4mo ago

Turn off all additional picture processing under clarity. Change color tone to warm 50 Turn on eye care Then see if above makes any difference. I regret upgrading to G4 from my old sony oled just for the sake of HDMI 2.1. The panel is pain to my eyes



Log In

100.

now, most settings I have my brightness between 30-60 and never have issues.

