Skip to main content   **18** r/treedibles ✕   Search in r/treedibles   **Log In**   ⋯

r/treedibles • 4 yr. ago
Cleq

⋯

[Q] How important is lecithin when making infused coconut oil?

Hey!I want to try to make infused coconut oil and I've read a few times now that lecithin can be used (or is recommended) to make infused oil. How important is it and what lecithin would you recommend?Does it matter if the lecithin is a powder or a liquid?

Thanks! :)

Edit: I'm using this infographic as my recipie.

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Cleq **OP** • 4y ago •

how long would you cook it?

I will be using a oven to infuse it. would 3 x

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➕ 3 more replies

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[deleted] • 4y ago •

I never use lecithin. I've been making edibles b   earing
about it a few years ago and never felt a need to

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⬆ 1 ⬇   💬 Reply   ↗ Share   •••

⊕ 1 more reply

indicasour215 • 4y ago •

I just tried it for the first time after making several batches without it. I'll never go back to making it without!

I use it to help with my insomnia and I've gotten a few nights of 8 hours sleep since adding it 😊 worth a try at least, imo

⬆ 3 ⬇   💬 Reply   ↗ Share   •••

⊕ 11 more replies

MedicalMaryJane1917 • 4y ago • Edited 4y ago •

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For many, lecithin creates a stronger high that lasts a bit shorter than without.

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cwimage • 4y ago •

I never add it in my infusions. Have used it in c

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chefboyardiesel88 • 4y ago •

I know there are different rules of thought on thi   ld it.

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topher-13 • 4y ago •

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I use it to make gummy's, but if you're making brownies for instants (that have eggs in them)you don't need it.

So to be clear it plays no role in the actual infusion process. it's just necessary for binding your oil to water.

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Satanfan • 4y ago •

I used it with and without, I got higher with the lecithin. Don't know why, how or recommend just my own personal experience.

⌃ 2 ⌄   💬 Reply   ↗ Share   ⋯

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r/treedibles • 2 days ago

Mango sorbet from stoned pizza in NYC

107 upvotes · 18 comments

r/treedibles • 5 days ago

First attempt at Double flavor gummies

84 upvotes · 13 comments

r/treedibles • 5 days ago

rawdogging my butter

79 upvotes · 19 comments

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62 upvotes · 11 comments

r/treedibles • 22 hr. ago

Mango and Lychee flavoured homemade gummies

61 upvotes · 2 comments

r/treedibles • 2 days ago

Update: Final product. The Grinch 420 special. Nearly 1500mg of THC in the entire container 1 cup is roughly 200mg. Added chocolate chips too. Recipe in comments

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r/treedibles • 4 days ago

Was my friend negligent?

33 upvotes · 59 comments

r/treedibles • 4 days ago

A Healthier Path, But Why the Backlash?

32 upvotes · 17 comments

r/treedibles • 21 hr. ago

Scooby Snacks - 10mg CBD Kush

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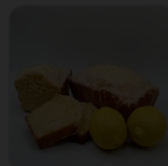
31 upvotes · 1 comment

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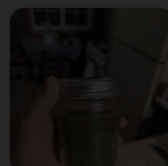31 upvotes · 3 comments

r/treedibles • 5 hr. ago

Lemon Loaves-950mg THC per loaf. Topped with a sweet tangy lemon glaze.

29 upvotes · 5 comments

r/treedibles • 2 days ago

Yesterday's budder

25 upvotes · 2 comments

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r/treedibles • 4 days ago

3.5 grams concentrates. 5mg per drop.

20 upvotes · 5 comments

r/treedibles • 1 day ago

Is 100mg ish a night healthy ?

16 upvotes · 32 comments

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r/treedibles • 4 days ago

I had these distillate edibles sitting for about a y eat? What is the chunky white stuff?

11 upvotes · 37 comments

9 upvotes · 2 comments

r/treedibles • 7 hr. ago

Tried to make a drink

▶ 0:19

8 upvotes · 22 comments

r/treedibles • 3 days ago

Flower to Coconut Oil Ratio?

7 upvotes · 8 comments

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