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r/treedibles



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r/treedibles • 8 mo. ago

DrugsRfriends



Lecithin during infusion or after?

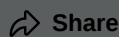
Does anyone know if it matters when you add the lecithin to your recipe? Im getting different answers from different sources and I'm wondering if anyone has a definitive answer on this. Should you add the lecithin to the oil/butter and weed mix and then infuse or should you wait until after the infusion and add the lecithin straight into the recipe that you are making? I make brownies and cupcakes from the box mix most of the time if that makes a difference. Thanks in advance



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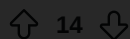
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If you believe in its ability to improve bioavailability, then you'll want to use it during the infusing process (BadKat recipes) if you simply want to use it for its... add as part of the food recipe stage.

Liquid lecithin mixes best for enhancing a straight volume of Oil.

Powder lecithin is best at emulsifying a small amount

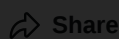
Do NOT use any form of lecithin in a water / but... will remain a Jello like consistency and a huge



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witch51 • 8mo ago •

I always add it into the recipe. I store it without any added.

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frenzy0089 • 8mo ago •

LECITHIN:

1 Tablespoon per cup of oil/butter, if flavor is interfering 1 teaspoon per cup

You can add it in whenever, either during infusion, in the baking mix or just sprinkling it on whatever you are eating

just dont add it in with water, if you do it will bind the water to the butter/oil which will mess up your infusion

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Emperor_Secus • 8mo ago •

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Ecstatic_Ad_3098 • 8mo ago •

I add it to my my mct oil and let it combine toge
oil and infuse for 40 min at160°

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veek2rya • 8mo ago •

Adding lecithin when infusing your oil/butter with
enhance potency. This is good for consistent po
recipe after infusion may be more convenient a

Ultimately, it depends on personal preference and what works best for your desired results. You could try both methods to see which you prefer.

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[Log In](#)**russellmzauner** • 8mo ago •

I add it at the time of baking, for bioavailability. You don't need to infuse it into anything; it will just make a mess and goop things up if it works at all - simply mix into your dry ingredients before adding the wet. It's really that simple.

There is no believe or not believe in bioavailability - it's a real thing. I use about half the plant material for the same efficacy when I add sunflower (not soy) lecithin.

Promising Nanocarriers to Enhance Solubility and Bioavailability of Cannabidiol for a Plethora of Therapeutic Opportunities

by Lucia Grifoni 1ORCID, Giulia Vanti 1ORCID, Rosa Donato 2ORCID, Cristiana Sacco 2,*ORCID and Anna Rita Bilia 1,*ORCID

Department of Chemistry, University of Florence, Via Ugo Schiff 6, Sesto Fiorentino, 50019 Florence, Italy

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study in a spontaneous canine model of osteoarthritis. The study evidenced the efficacy of liposomal CBD (20 mg/day), which demonstrated the same efficacy as the oral CBD. In the long-term analysis period, the nanoformulation had a good safety profile.

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**SnooPuppies8704** • 8mo ago •

controlled study in a spontaneous canine model of osteoarthritis and I can't show any help, at least not in the short term.

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**Meagan-a-mess** • 2mo ago •

Are you using liquid or powder?

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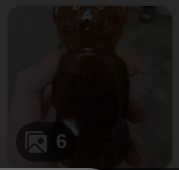


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[Log In](#)[↑ 1](#) [↓](#) [Reply](#) [Share](#) [...](#) r/treedibles • 7 days ago**How do I turn this into edibles?**

363 upvotes · 74 comments

 r/treedibles • 5 days ago**Recently got into making edibles because of the vice weed cooking show "Bong Appétit." Here's some stuff me and my boyfriend cooked.**

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61 upvotes · 2 comments



r/treedibles · 2 days ago

Update: Final product. The Grinch 420 special. Nearly 1500mg of THC in the entire container 1 cup is roughly 200mg. Added chocolate chips too. Recipe in comments

52 upvotes · 11 comments



r/treedibles · 6 days ago

If you need to math

37 upvotes · 13 comments



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r/treedibles · 4 days ago

A Healthier Path, But Why the Backlash?

32 upvotes · 17 comments



r/treedibles · 21 hr. ago

Scooby Snacks - 10mg CBD Kush

31 upvotes · 1 comment



r/treedibles · 5 days ago

Chocolate Peanut Butter Drops 50mg

31 upvotes · 3 comments

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29 upvotes · 5 comments



r/treedibles · 2 days ago

Yesterday's budder

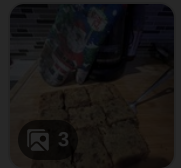


25 upvotes · 2 comments



r/treedibles · 4 days ago

Blondie Brown Brownies



25 upvotes · 2 comments

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r/treedibles · 1 day ago

Is 100mg ish a night healthy ?

16 upvotes · 32 comments



r/treedibles · 4 days ago

I had these distillate edibles sitting for about a year. What is the chunky white stuff?

11 upvotes · 37 comments



r/treedibles · 7 days ago

These were all 3 bucks each.

9 upvotes · 2 comments

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8 upvotes · 22 comments



r/treedibles · 3 days ago

Flower to Coconut Oil Ratio?

7 upvotes · 8 comments



r/treedibles · 6 days ago

Lecithin question

7 upvotes · 6 comments



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