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r/treedibles • 9 mo. ago --Jingo--

# Lecithin Added Before or After Oil Infusion (and other rookie questions)?

Complete rookie, but have a bunch of nugs I am infusing into MCT oil/solid coconut oil. I have a billion questions, but just to get started, I am wondering when to add lecithin—while infusing these oils or down the road when I go to cook?

If it helps with shelf-life of the infused oil, I can see adding it before...but then thought perhaps the best practice is to leave the infused oils pure and only add the lecithin when combining my infused oils with, say, chocolates/etc.

I envision having mason jars on hand for months, if that factors into the decision. :)

I plan on rolling up my sleeves and making a bunch of small batch oils tomorrow, so wanted to ask...before or after (or does it not matter)?



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61



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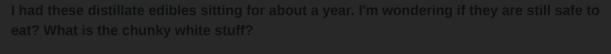














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