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r/CannabisExtracts • 9 mo. ago RightPromise8850

Cannabis infused olive oil questions

Question

So I'm planning to make my first batch of cannabis infused olive oil for the purpose of using Makdous. Makdous is a dish of olive oil-cured aubergines. They are miniature, tangy eggplants stuffed with walnuts, red pepper, garlic, olive oil, and salt. A recipe is also attached. My questions are:

- 1. Does the infused oil taste any different from the normal extra virgin olive oil?
- 2. Is the shelf life of infused oil different?
- 3. Are there different methods of oil infusion?
- 4. Should I go with olive oil infusion, or would it be better to focus on infusing one of the other ingredients, or even change the method of adding weed to the dish?



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Any time you infuse you must use activated cannabinoids. If you use flower you must decarb first, 45-60 mins in oven at 250°f depending on batch size. A slight browning is normal. If you infuse with distillate it is already active and you just infuse it right into oil.

Infuse your oil on low heat (150-180°f) for 30 mins to 2 hours, stirring as much as possible. A hot plate with magnetic stirrer is perfect for this as it constantly mixes at high speed and maintains the heat too. Be aware of what materials you use during these hot processes, I prefer glass ball jars and stainless steel or silicone utensils

Cannabinoids cling to fats so olive oil works. I prefer to use coconut oil for more "solid" edibles and mct oil for liquid infusions. Mct oil has awesome benefits and has a very long shelf life, its my favorite. You can also infuse butter which is versatile, try an infused bulletproof coffee! Try to make sure whatever you infuse will not



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to infuse some olive oil soon, but I'm using distillate, which saves having to decarb and strain plant material.

The plan is olive oil tincture, but I love the idea of recipes that den't require cooking infused oil.









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miamijibeem • 9mo ago •

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- 3. Not really, you just heat and add cannabis to it. This is a VERY VERY VERY outdated method though and there are much better ways to consume cannabis.
- 4. if you want to get high, smoke it or eat it as its intended, all youre going to do is waste a bunch off cannabis and food making your dish taste like shit by using an infused oil with it.

Honestly just not as good of an idea as you think it would unless you happen to love the taste of burned weed

If you are dead set on doing this for whatever reason, I would try to get your hands on some distillate or purchase some THCA diamonds and melt/decarb those. It will still taste like youre definitely eating weed but at least it wont taste like burned weed/oil













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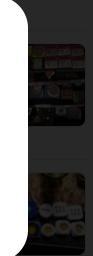
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