

BROWSE AD FREE WITH JOC PLUS! **JUST ONE
COOKBOOK**[Home](#) » [Recipes](#) » [Side Dishes](#) » [Kombu Tsukudani \(Simmered Kombu\) 昆布の佃煮](#)

Kombu Tsukudani (Simmered Kombu) 昆布の佃煮

[Jump to Recipe](#)[40 minutes](#)[65 comments](#)[4.85 from 58 votes](#)Author: [Namiko Hirasawa Chen](#) · Published: May 7, 2019 · Updated: Sep 27, 2024

This post may contain affiliate links. Please read my [disclosure policy](#).

Wondering what to do with leftover kombu from your Japanese recipes? Make delicious simmered Kombu Tsukudani cooked in a sweet and savory sauce. My tender seasoned kelp recipe is an easy and tasty side dish for your plain steamed rice or onigiri!





Once you start making Japanese dishes, you will realize you are left with a lot of used kombu from making homemade [dashi](#) (Japanese soup stock), [mentsuyu](#) (noodle soup base), or [ponzu sauce](#). You may wonder what to do with the spent kombu.

Don't throw those leftover kombu pieces away! You can repurpose them into a delicious simmered kombu dish called ***Kombu Tsukudani***. Follow my recipe and tips below to make this easy and tasty side dish.



TABLE OF CONTENTS

- [What is Tsukudani?](#)
- [What is Kombu Tsukudani?](#)
- [Why You'll Love This Recipe](#)
- [Ingredients for Kombu Tsukudani](#)
- [How To Make Kombu Tsukudani](#)
- [3 Tips for Tender Kombu Tsukudani](#)

What is Tsukudani?

Tsukudani (佃煮) is a preparation where an ingredient is simmered for a long time in a sweet and savory sauce (typically made from soy sauce, sugar, and mirin). It usually has an intensely sweet and savory flavor, which helps preserve the ingredients.

Because of the strong flavor, tsukudani has been served as a side dish to accompany plain steamed rice since the Edo period (1600s–1800s). We call it *gohan no okazu* (ご飯のおかず), or rice side dish, as it's eaten with steamed rice as a flavoring agent.





What is Kombu Tsukudani?

Kombu tsukudani (昆布の佃煮) is one of the most common types and it's an excellent way to use up all your spent kombu. Other typical ingredients to make into tsukudani are seafood/fish (like [**baby sardines**](#)), shellfish, meat, seaweed, and vegetables.

Kombu tsukudani keeps for up to 2 weeks in the fridge, so it's a great dish to make ahead and keep on hand. Tsukudani is always served and eaten chilled from the refrigerator and is not cooked again prior to eating.

Why You'll Love This Recipe

- **Repurpose spent kombu** – Save those leftover kombu pieces in the freezer until you have time or enough kombu to make this dish.
- **Great meal prep dish** – It's one of Japan's delicious plant-based dishes that you can add to your meal prep recipe collection.
- **Flavor booster for your bowl of rice or rice ball** – Tsukudani adds a wonderful savory boost to your steamed rice or onigiri. For a spicy kick, try adding chopped dried red chili pepper!





Ingredients for Kombu Tsukudani

- **spent kombu (kelp)** – leftover from another use; I used hidaka kombu that's tender and easy to cook
- **toasted sesame seeds**
- **dried red chili pepper (赤唐辛子)** – If you like it spicy, you can add two pieces, but one is good for our family
- **water**
- **[mirin](#)**
- **[sake](#)**
- **[rice vinegar \(unseasoned\)](#)**
- **[soy sauce](#)**
- **sugar** – you can add more for a sweeter taste
- **[katsuobushi \(dried bonito flakes\)](#)** – optional; skip for vegan/vegetarian

[Jump to Recipe](#)

The Best Kombu for Tsukudani

For the best texture, *hidaka kombu* (日高昆布) is the most suitable choice for tsukudani. It gets tender a lot faster than other types. *Ma kombu* and *rishiri kombu* are thick and hard to cook.

Do you know which type of kombu are you using? If not, check out my [kombu post](#) where I discuss the different types.

If you use different types of kombu in your cooking like I do, I recommend freezing the spent kombu separately based on variety. Then you can cook it according to kombu type for a consistent result.



How To Make Kombu Tsukudani

- 1 **Cut the kombu** into thin strips.
- 2 **Cut the chili pepper** into thin rounds.
- 3 **Simmer the kombu strips** in a medium saucepan with the water, sake, and mirin. Then, add the rice vinegar, Japanese soy sauce, sugar, and optional katsuobushi. Add the red chili pepper.
- 4 **Bring the liquid to a boil** over medium heat, then reduce the heat to low.
- 5 **Simmer until most of the liquid evaporates**, about 20–25 minutes. If the kombu is still not tender, add water and continue to cook. **Taste and adjust** the seasoning to your liking.
- 6 Sprinkle with sesame seeds.

You can store the leftovers in a jar or other airtight container in the fridge for up to 2 weeks. Serve it chilled.

3 Tips for Tender Kombu Tsukudani

Here are my tips for making delicious, tender kombu tsukudani:

1. Choose the right type of kombu.

If you plan to make kombu tsukudani, pick a tender variety of kombu like hidaka kombu. But sometimes you just have to use whatever kombu you have. In that case, try my next tip #2.

2. Add rice vinegar while simmering.

In Japan, kombu is often cooked with a little bit of rice vinegar, which tenderizes the kombu. Don't add too much though. You don't want the tsukudani to taste vinegary.

3. Refill the water and cook until tender.

If the kombu hasn't turned tender after simmering for 20–25 minutes, add some water and continue to simmer until it gets to the right texture.



Wish to learn more about Japanese cooking? Sign up for our **free [newsletter](#)** to receive cooking tips & recipe updates! And stay in touch with me on **[Facebook](#)**, **[Pinterest](#)**, **[YouTube](#)**, and **[Instagram](#)** [🔗](#).



Kombu Tsukudani (Simmered Kombu)

★★★★★ 4.85 from 58 votes

Wondering what to do with leftover kombu from making Japanese soup stock (dashi)? Make delicious simmered Kombu *Tsukudani* cooked in a sweet and savory sauce. My tender seasoned kelp recipe is an easy and tasty side dish for your plain steamed rice!

PRINT

PIN

PREP TIME:

10 mins

COOK TIME:

30 mins

TOTAL TIME:

40 mins

SERVINGS: **1** batch

Tap or hover to scale the recipe!

INGREDIENTS

US Customary

Metric

1x

2x

3x

- ☐ 2 oz **used kombu (kelp)** (you can use up to 4 oz (113 g); I used spent Hidaka kombu that's tender and easy to cook; Ma kombu and Rishiri kombu are thick and hard to cook; read about the [different types of kombu](#))
- ☐ ½ tsp **sesame seeds**

For the Seasonings

- ☐ 1 **dried red chili pepper**
- ☐ 1 cup **water**
- ☐ 1 Tbsp [mirin](#)
- ☐ 1 Tbsp [sake](#)
- ☐ 1 tsp [rice vinegar \(unseasoned\)](#)
- ☐ 2 Tbsp [soy sauce](#) (or more, if needed)
- ☐ 2 tsp **sugar** (or add more for a sweeter taste)
- ☐ ½ tsp [katsuobushi \(dried bonito flakes\)](#) (optional; skip for vegan/vegetarian)

***Japanese Ingredient Substitution:** If you want substitutes for Japanese condiments and ingredients, click [here](#).*



Cook Mode Prevent your screen from going dark

INSTRUCTIONS



- 1** Gather all the ingredients.



2 Cut 2 oz used kombu (kelp) into thin strips.



3 Remove the seeds from 1 dried red chili pepper and cut it into thin rounds.



- 4** Transfer the sliced kombu to a medium saucepan. Add **1 cup water**, **1 Tbsp sake**, and **1 Tbsp mirin**.



- 5** Add **1 tsp rice vinegar (unseasoned)**, **2 Tbsp soy sauce**, **2 tsp sugar**, and **½ tsp katsuobushi (dried bonito flakes)**.



- 6** Add the red chili pepper. Bring the liquid to a boil over medium heat.



- 7** Once boiling, reduce the heat to low and simmer until the liquid is almost evaporated, about 20–25 minutes. If the kombu is still not tender, add water and continue to cook. Check the taste and add more sugar and/or soy sauce, to your liking.



8 Sprinkle $\frac{1}{2}$ tsp **sesame seeds** on top. It's ready to serve.



To Store

1 Keep the Tsukudani in the refrigerator and consume within 2 weeks.



NUTRITION

Serving: 1 jar · **Calories:** 153 kcal · **Carbohydrates:** 16 g · **Protein:** 8 g ·
Fat: 1 g · **Saturated Fat:** 1 g · **Polyunsaturated Fat:** 1 g ·
Monounsaturated Fat: 1 g · **Sodium:** 2075 mg · **Potassium:** 68 mg ·
Fiber: 1 g · **Sugar:** 9 g · **Vitamin A:** 198 IU · **Vitamin C:** 2 mg · **Calcium:**
 140 mg · **Iron:** 2 mg

Author: Namiko Hirasawa Chen **Course:** Side Dish **Cuisine:** Japanese

Keyword: kombu, tsukudani

©JustOneCookbook.com Content and photographs are copyright protected. Sharing of this recipe is both encouraged and appreciated. Copying and/or pasting full recipes to any website or social media is strictly prohibited. Please view my photo use policy [here](#).



Did you make this recipe?

If you made this recipe, snap a pic and hashtag it

#justonecookbook [📷](#)! We love to see your creations on
 Instagram **@justonecookbook** [📷](#)!

You Might Also Like...



How to Make the Best Tempura 天ぷら

★ 4.49 from 204 votes



Soba Noodle Salad (Video) 蕎麦サラダ

★ 4.75 from 204 votes



Earl Grey Chiffon Cake (Video) アーグルグレイシフォンケーキ

★ 4.79 from 141 votes



Banana Bread (Video) バナナブレッド

★ 4.89 from 81 votes



About Namiko Hirasawa Chen

I'm Nami, the recipe developer and founder of Just One Cookbook. I was born and raised in Yokohama, Japan, and now live in San Francisco with my family. Here, you will find easy and authentic Japanese recipes you'll love and enjoy!

[LEARN MORE](#)

Introducing JOC Goods

JOC Goods, our new online shop, offering Japanese tableware and kitchenware, is now open. It is a natural extension of Just One Cookbook's mission to teach home cooks how to prepare and enjoy delicious Japanese meals. We believe that beautifully plated food can bring joy and happiness to people's lives.

**PLATES****BOWLS****KNIVES****KITCHEN TOOLS**[BROWSE ALL PRODUCTS](#)[Subscribe](#)

Leave your comment

**65 COMMENTS**



Comment search...

**Neko**

🕒 3 months ago

Easy and tasty to make. I added on garlic and substitute dry chilli with real chili instead, tasted good as well.



0



Reply

Naomi (JOC Community Manager)

Admin

💬 Reply to [Neko](#) 🕒 3 months ago

Hi Neko! Thank you for trying Nami's recipe and sharing your experience with us!
We are glad to hear you enjoyed it!



0



Reply

Angela

🕒 3 months ago

I made this to avoid food waste after making the vegetarian ramen from this blog (it was a big hit with my friends! Highly recommend) and it has been in the fridge for a little while because I was uncertain about it. I tried a piece by itself and it was a bit "sea" at first but then I couldn't stop eating it. It's really delicious with steamed rice! These are my first two recipes from this blog and I will definitely be back. Thank you!



0



Reply

Naomi (JOC Community Manager)

Admin

💬 Reply to [Angela](#) 🕒 3 months ago

Hi, Angela! Aww. We're so glad you enjoyed Nami's recipes!
We currently have over 1,000 recipes. We hope you will continue to enjoy her recipes.
Happy cooking! 😊



0



Reply

Qchan

🕒 7 months ago

I always make this after I use the kombu to make vegan dashi for my ramen. Great way to use the kombu!



1 Reply

Naomi (JOC Community Manager)

Admin

Reply to [Qchan](#) 7 months ago

Hi Qchan! Thank you so much for trying Nami's recipes and for your kind feedback. We are glad to hear about your happy cooking! 🥰

0 Reply

Jess

1 year ago

Is there a non-alcoholic substitute for mirin and sake?

0 Reply

Naomi (JOC Community Manager)

Admin

Reply to [Jess](#) 1 year ago

Hi Jess, Thank you so much for trying Nami's recipe! Mirin is also available without alcohol. You may also use sugar and water instead of Mirin. In place of sake, you may try Dashi or Broth. For more details, please visit the following links. 😊

<https://www.justonecookbook.com/mirin/>

<https://www.justonecookbook.com/sake/>

We hope this helps!

1 Reply

Dei

1 year ago

Wait....over 2 cups of liquid (I had to double the recipe for a bigger batch today) are supposed evaporate over low heat in 25 minutes? Please help me with this, because it took me over one hour last time I tried at the usual size recipe with 1 cup of water (yes, the konbu got softer than I'd've liked), and at 15 minutes in today, I still have half a pot of liquid and kombu.

Surely I'm not the only one for whom none of these numbers are adding up?



Last edited 1 year ago by Dei



1



Reply

Naomi (JOC Community Manager)

Admin

Reply to Dei 1 year ago

Hello Dei! Thank you for trying out Nami's recipe!

When doubling the recipe, it's best to reduce the amount of water for this recipe since it's mainly used to cook the Kombu to the right texture along with the condiments.

How much Kombu did you use? This recipe is suitable for up to 4 oz of Kombu. If cooking more, make sure to use a larger pot to evenly cook and evaporate the moisture from the Kombu.

As for the cooking time, it may vary depending on the type of pan and heat distribution. So adjustments may be necessary. We hope this information is helpful to you!



0



Reply

William

Reply to Dei 1 year ago

This is actually a very common but understandable mistake people also make when cooking rice for example. When cooking 2 versus 1 cups of rice they also double the amount of water, which wouldn't work for the same reason. Since in the set cooking time, only a given amount of water will evaporate.



0



Reply

Reg

Reply to Dei 1 year ago

Yes, totally agree. I actually did a 6x version of the recipe and there is no way I should have added so much water. There should be a note to only add enough water to cover the kombu (or something like that).



0



Reply

Reg Murphy

Reply to Dei 1 year ago

Yes, totally agree. I actually did a 6x version of the recipe and there is no way I should have added so much water. There should be a note to only add enough water to cover the kombu (or something like that).



0



Reply

Julia

🕒 1 year ago

The best way to use kombu from dashi stock. Delicious!



👍 0

↩ Reply

Naomi (JOC Community Manager)

Admin

🗨 Reply to [Julia](#) 🕒 1 year ago

Hi Julia! Aww. We are so happy to hear you enjoyed the dish!💕

Thank you so much for reading Nami's post and trying her recipe. Happy Cooking!

👍 0

↩ Reply

Rob

🕒 1 year ago

This is a great way to use up leftover kombu when making dashi stock, taste great, thank you. x



👍 0

↩ Reply

Naomi (JOC Community Manager)

Admin

🗨 Reply to [Rob](#) 🕒 1 year ago

Hi Rob, Thank you so much for trying Nami's recipe and for your kind feedback!

We are so happy to hear you enjoyed the homemade Kombu Tsukudani.

Happy Cooking!

👍 0

↩ Reply

Jen

🕒 2 years ago

Hi! I have a question regarding the kombu. I had a failed dashi attempt (accidentally left the kombu in overnight) and even though I'm restarting the dashi for another dish, I was wondering if the oversoaked kombu would be okay to use in this? I absolutely love this dish (from Mitsuwa onigiri!) and would love to make as much as possible with the "old" used kombu and the new one. Thanks!



👍 0

↩ Reply

Naomi (JOC Community Manager) Admin

🗨️ Reply to [Jen](#) ⌚ 2 years ago

Hi Jen! Thank you for reading Nami's post and trying her recipe!

Yes. You can use the Kombu for this recipe.

We hope this helps! 😊

👍 0 ➡ Reply

alex h

⌚ 2 years ago

after finding this recipe i've made it countless times and i absolutely adore it. Thank you for brining it into my life!

👍 0 ➡ Reply

Naomi (JOC Community Manager) Admin

🗨️ Reply to [alex h](#) ⌚ 2 years ago

Hi, alex! Aww. Thank you very much for trying Nami's recipe and for your kind feedback!

We are so happy to hear you enjoyed Kombu Tsukudani!

👍 0 ➡ Reply

Amber F

⌚ 2 years ago

QUESTION: If I used the kombu for making dashi, then froze it, how would I reheat it for this recipe? Would I need to simmer as long? Thank you!!

👍 0 ➡ Reply

Naomi (JOC Community Manager) Admin

🗨️ Reply to [Amber F](#) ⌚ 2 years ago

Hi Amber! Thank you very much for trying Nami's recipe!

If the Kombu is ready to use (It has been cut into small pieces before freezing it.), you can follow the recipe without defrosting. At Step 7, when it reaches the boiling point, the Kombu is defrosted already.

If it is hard to cut, you can defrost it overnight in the refrigerator or until it gets soft enough to cut.

We hope this helps!

👍 0 ➡ Reply

Beth

🕒 3 years ago

Wow. This came out AMAZING. I used the kombu left over from my dashi, as you suggested. I'm vegan, so I left out the katsuobushi, and I didn't have any sake so I left that out as well. My tamari has reduced sodium; I'm happy with the salt level that it produced in this dish. My kombu tsukudani is intensely flavorful with a nice soft texture. I'm so happy to know how to make this dish that I've enjoyed many times but didn't even know the name of before I found your website.

★★★★★

👍 1

↩ Reply

Naomi (JOC Community Manager)

Admin

🗨 Reply to [Beth](#) 🕒 3 years ago

Hi Beth! We couldn't be happier to hear how much joy and excitement Nami's recipe has brought to you!

Thank you very much for trying the recipe and for your kind feedback! 😊

👍 1

↩ Reply

Brice

🕒 3 years ago

Hi! Is this fresh katsuobushi or also leftover from making dashi?

👍 0

↩ Reply

Naomi (JOC Community Manager)

Admin

🗨 Reply to [Brice](#) 🕒 3 years ago

Hi Brice,

This recipe is using dried bonito flakes Katsuobushi, and it is not leftover from making dashi.

We hope this helps!

👍 0

↩ Reply

Candy

🕒 3 years ago

Sound yummy can't wait to try!

★★★★★

👍 0

↩ Reply

Naomi (JOC Community Manager) AdminReply to [Candy](#) 3 years ago

Hi Candy!

Thank you! Let us know how it goes. 😊

0

Reply

« Previous

1

2

AS SEEN ON

BuzzFeed

bon appétit

The Washington Post

THE NEW YORKER

thejapantimes

SAVEUR

Parade

W NEWS

SUBSCRIBE

5 Secrets to Japanese Cooking: Simple Meals & Authentic Flavors!

Sign up to receive our FREE email series on Japanese cooking tips and weekly newsletter.

SUBMIT



ABOUT

ACCESSIBILITY

PERMISSIONS

PRIVACY POLICY

TERMS

CONTACT