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r/Warframe • 1 yr. ago
Anomalous_Traveller



Helminth Invigoration Segment

Discussion

Just hit top rank on Deimos. I choose the Helminth Invigoration Segment. I've been trying to track down some solid videos on using it but haven't had any luck. Looking for recommendations, references and/or any insight, advice etc.

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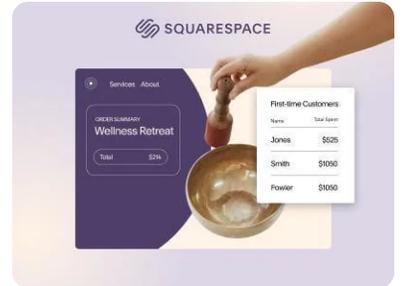


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manicdee33 • 1y ago

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Most of what you need to know is on the wiki page: <https://warframe.fandom.com/wiki/Helminth#Invigoration>

I've had a quick look through videos and none of them concisely cover these points:

1. You can use each invigoration once. If one of the invigoration is for Mesa and you have multiple Mesas, you can only apply that invigoration to one of them. An invigoration all apply to the prime version of the frame of course, so if you get an invigoration for Mesa you can apply that invigoration to Mesa Prime (but once it's used, it's used, you can't apply the same invigoration to Mesa Prime and Mesa)
2. The invigoration lasts 7 days from the time it is applied and the timer runs in real world time so if you don't play Warframe for two days you lose two days of invigoration
3. After ten invigoration (or roughly three and a bit weeks) you can "override" one of the provided invigoration with your chosen frame. So you might get an ability range and strength invigoration for Nyx, use that on Nyx, then override with Saryn so you get the range and strength invigoration for Saryn too
4. Invigoration cost a lot of resources
5. The invigoration will just show up as a separate UI element when you sit your frame down into the Helminth chair

4



Anomalous_Traveller OP • 1y ago

So something that's situational. Are the buffs any good or is it just a resource drain?

1

2 more replies



Maestrox_ • 7mo ago

Hello there I know I'm a bit late but will I lose my invigoration progress (The 10 Invigoration) after the 7 days have passed? Because I don't have all the frames they're asking for and I've made some good progress :.)

1

2 more replies



No_Figure_6809 • 1y ago

It gives you buffs for one random warframe once a week

2



Anomalous_Traveller OP • 1y ago

Is it always random or based on frames in your inventory?

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What happens when you max out the invigoration bar?



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I don't understand the invigoration system, is it worth picking up ?

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What does melee upgrade segment actually do?

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Why does my helminth (or whatever that infested room is called) randomly open?

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QoL: Match Helminth Warframe Invigorations with Archimedia

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Did some testing with Invigoration to try and figure out how it works. In short, it's pretty bad. Details inside!

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